

## **Back pain is the largest single reported cause of absence from work and leading cause of disability – Chiropractic can help!**

### **Each year:**

- 40% of the population are affected by back pain (16 million)
- 2.5 million people have back pain every day of the year
- 50 million working days are lost
- Overall burden to industry = £5 billion
- 1.2 million people are affected by musculoskeletal pain and 500,000 by work-related stress

### **Don't let the daily grind wear you down**

### **How it affects your company – cost of sickness absence**

- Average total sickness absence (S/A) in a company of 3000 is 150 employees (5% of the workforce) each year, for, on average, two working weeks at a cost of £100 per day

Of the total 5% S/A, **30% is due to musculoskeletal problems and 60% of these are back and neck related**

### **... put another way**

- At any given time 1.5% of the work force will be off due to a musculoskeletal problem and 1% due to back and neck related injuries only.
- Two or three employees off work at any one time at £100 per day each, plus any production disruption or litigation.